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6 UNITED STATES DISTRICT COURT
WESTERN DISTRICT OF WASHINGTON
7 AT SEATTLE

8 MATT M. ALTON,

9 Plaintiff,

10 v.

11 SNOHOMISH COUNTY CORRECTIONS, et
al.,

12 Defendants.

Case No. C17-656 RSL-BAT

**ORDER DECLINING SERVICE
AND GRANTING LEAVE TO
AMEND**

13 Matt M. Alton, who is presently confined at the Snohomish County Corrections (“SCC”),
14 filed a civil rights complaint against Snohomish County Corrections and the Snohomish County
15 Public Defenders Association. Dkt. 1-1. Mr. Alton alleges that the Snohomish County Public
16 Defender’s office is denying him the right to change his counsel. He claims that he is in need of
17 a mental evaluation because his wife attacked him and he has been charged with her murder. He
18 also claims that the SCC is denying him outside counseling to help with his defense. Dkt. 1-1, p.
19 3. Mr. Alton acknowledges that there is a grievance process in place at the SCC but he has not
20 filed a grievance for “fear of abuse.” *Id.*, p. 3.

21 The Court **DECLINES** to serve the complaint because, as discussed in more detail
22 below, the complaint contains numerous deficiencies. However, the Court **GRANTS** Mr. Alton
23 leave to file an amended complaint by **June 9, 2017**.

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A. Government Entities and Public Defender as Parties

B. Challenge to Ongoing State Criminal Action

ORDER DECLINING SERVICE AND GRANTING
LEAVE - 2

1 in a pending criminal proceeding absent extraordinary circumstances where the danger of
2 irreparable harm is both great and immediate. See *Younger v. Harris*, 401 U.S. 37, 45, 46 (1971).
3 The *Younger* abstention doctrine requires that a district court dismiss a federal action if state
4 proceedings are (1) ongoing, (2) implicate important state interests, and (3) afford the plaintiff an
5 adequate opportunity to raise the federal issue. *Columbia Basin Apartment Ass'n v. City of*
6 *Pasco*, 268 F.3d 791, 799 (9th Cir. 2001) (citation omitted). All of the *Younger* criteria appear to
7 be satisfied here. The proceedings are ongoing, involve a criminal prosecution that implicates
8 important state interests, and there is nothing to indicate that Mr. Alton cannot raise in his
9 criminal case the same claims he raises here or that there is a danger of great and immediate
10 irreparable harm. Therefore, it appears that this action would unduly interfere with the state
11 criminal proceeding in a way *Younger* disapproves.

12 **C. Conditions of Confinement at SCC**

13 With regard to Mr. Alton's remaining claim, that the SCC will not provide him with
14 outside counseling to help in his defense, Mr. Alton has failed to state a claim for relief under §
15 1983. To the extent Mr. Alton is seeking a mental health evaluation as to his criminal
16 proceedings he must seek relief in those proceedings. To the extent Mr. Alton is claiming that he
17 is being denied mental health care at the SCC, he has failed to allege facts sufficient to allow the
18 Court to determine whether he has stated a claim. Mr. Alton may file an amended complaint to
19 set out these allegations more fully. In the amended complaint, plaintiff must write out short,
20 plain statements telling the Court: (1) the constitutional right plaintiff believes was violated; (2)
21 the name of the person or persons who violated the right; (3) exactly what that person(s) did or
22 failed to do; (4) how the action or inaction of that person(s) is connected to the violation of
23 plaintiff's constitutional rights; and (5) what specific injury plaintiff suffered because of that

1 person(s)'s conduct. See *Rizzo v. Goode*, 423 U.S. 362, 371–72 (1976).

2 If the person named as a defendant was a supervisory official, plaintiff must either state
3 that the defendant personally participated in the constitutional deprivation (and tell the Court the
4 five things listed above), or plaintiff must state, if he can do so in good faith, that the defendant
5 was aware of the similar widespread abuses, but with deliberate indifference to plaintiff's
6 constitutional rights, failed to take action to prevent further harm to plaintiff and also state facts
7 to support this claim. See *Monell*, 436 U.S. at 691.

8 Plaintiff must repeat this process for each person he names as a defendant, including any
9 "John Doe" and "Jane Doe" defendants. If plaintiff fails to affirmatively link the conduct of
10 each named defendant with the specific injury suffered by plaintiff, the claim against that
11 defendant will be dismissed for failure to state a claim. Conclusory allegations that a defendant
12 or a group of defendants have violated a constitutional right are not acceptable and will be
13 dismissed.

14 **D. Exhaustion**

15 Plaintiff indicates in his complaint that there is a grievance process at the Snohomish
16 County Jail but he has not filed a grievance due to "fear of abuse." Dkt. 1-1, p. 2.

17 The Prison Litigation Reform Act (PLRA) requires inmates to exhaust all administrative
18 remedies *before* bringing a § 1983 claim. 42 U.S.C. § 1997e(a); *Griffin v. Arpaio*, 557 F.3d
19 1117, 1119 (9th Cir. 2009). To effectively exhaust his administrative remedies, an inmate must
20 use all the formal steps of the prison grievance process. *Id.* Because the purpose of exhaustion
21 is to give prison administrators a chance to resolve the issues, the inmate must exhaust each of
22 his claims through grievances containing enough factual specificity to notify officials of the
23 alleged harm. *Id.* at 1120.

1 Plaintiff must provide the Court with information regarding his attempts to complete the
2 grievance process and an explanation of his claim that he fears abuse so that the Court may
3 determine whether his claims in this lawsuit have been brought prematurely.

4 **CONCLUSION**

5 The Court **DECLINES** to serve the complaint which as discussed above is deficient.
6 The Court realizes Mr. Alton is proceeding pro se. Thus rather than simply dismissing the
7 action, the Court grants him permission to show cause why his complaint should not be
8 dismissed or to file an amended complaint to cure the above-mentioned deficiencies by **June 9,**
9 **2017.** The amended complaint must carry the same case number as this one. **If no amended**
10 **complaint is timely filed, the Court will recommend that this matter be dismissed under 28**
11 **U.S.C. § 1915(e)(2)(B)(ii) for failure to state a claim on which relief can be granted.**

12 DATED this 12th day of May, 2017.

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14 BRIAN A. TSUCHIDA
15 United States Magistrate Judge
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